

## International Centre for Mental Health Social Research Seminar

## Developing social interventions for people with mental health problems in Sierra Leone

Presented by: Meredith Newlin, University of York

Thursday 26 September 2013, 4.00 to 5.00pm

**ARRC** Auditorium

Recent estimates from the World Health Organisation report an increase in the global burden of disease attributable to mental disorders. However, about four out of five people in low-and middle-income countries in need of mental health services do not receive them. Social interventions can help to fill the treatment gap for people experiencing mental distress. They have the potential to improve quality of life and community engagement, as well as positively impact on the social functioning of people with mental health problems. To address this need we have conducted a feasibility study (funded by the University of York Centre for Chronic Diseases and Disorders) identifying needs in resource-limited mental health services in Sierra Leone. Early iterations of the adapted model and results from the feasibility study will be presented and discussed in this seminar.

All are welcome to attend.

For further information or to express an interest in attending please contact Tracey Hawkes (Centre Co-ordinator)

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